Patient Name: Computer Sam

Assessment Date: 6/17/22

Submitted By: Dylan Kedra

## Physical Observations:

• Composed, Masculine features, definitely binary, looks 50ish

- Sleek gray suit, (wanting a good first impression perhaps) flamboyant socks
- At ease in office space, looks stressed and tired (overload of work?)

## **Patient Statements:**

- I've been around for decades, I've had so many different friend groups. But I don't know who I am without being part of a group. What's wrong with me?
- The world has changed so much since I've been a kid and I like to think I had some help in that but now I feel a bit lost in just what I'm supposed to do

#### Professional Assessment:

- Spoke with them on their codependency and heavy reliance on others
  - Focused on accepting their capability of immense change in the world due to their calculating and intelligent thought processes. While also mentioning their ability to fit into and improve almost every situation when there are clear boundaries set.
- Connected to their long history of self improvement and professional and social integration into many aspects of life
  - The impact the patient had on their contemporaries can not be overstated as their work has greatly sped up all aspects of life and provided connection to all aspects of their environment.
  - The large amount of work that is required of them isn't yet dangerous but the reliance of others on the patient can cause problems for everyone involved if not properly addressed.

### Official Plan:

 Next week for another meeting. Push forward with self discussion and reflection. Begin connecting with possible alternatives to lessen workload.

Patient Name: Computer Sam

Assessment Date: 6/24/22

Submitted By: Dylan Kedra

# Physical Observations:

• Male, 48, Signs of overwork/stress still visible

• Pop culture t-shirt, Collage of countless cartoons, movie stars, and anime

#### Patient Statements:

I've taken some time to sit down and think about what we talked about and I
don't like the answer I found. "Do I even have my own thoughts or are they
just the words and ideas of everyone else?"

Am I a boring person? Other people are more inefficient and indirect than I
am with how they live their lives, and yet they go to far more places and
socially interact with many more people.

## Employee Assessment:

- The self discovery that was recommended coupled with his partial codependency seems to have lead to a moment of existentialism as he questioned who has impacted his thoughts more himself or others
  - In summation my reassurance was that though the situation and nature of his environment is greatly impacted by others the algorithms of thought he possess is just the discovery of how his nature interacts with the world
- The conceptualization of his thoughts as algorithms is quite correct as he is very linear and effective at handling controlled situations
  - Commented that though others might be less capable of rapid answer generation, everyone uses similar patterns to solve everything in their lives, even if they don't have as refined of a system as he does.

### Official Plan:

- Self assessment/introspection is off to a great start and should continue.
- Take next step in Introspection and consider what the future now looks like.

Patient Name: Computer Sam

Assessment Date: 7/1/22

Submitted By: Dylan Kedra

## Physical Observations:

Male, 48, more relaxed and visible tension due to stress has slightly reduced

• White t-shirt with fruit logo, Denim jacket covered in countless patches

#### **Patient Statements:**

• I've done a lot of work, and I mean a Lot of work, over the years and I really think that what I have done has been used to hurt a bunch of people

 The look into the future you had me do was stressful as what I honestly thought would happen isn't as hopeful as I might want it to be

## Employee Assessment:

- The problematic actions taken by society that have been made possible by the administrative work of the patient is a not unimportant factor for the bettering of themselves and those around them
  - Actions such as improved stalking capabilities, on both individual and corporate levels, the spread of misinformation and the furthering of stigma and stereotypes
- The introspection on the future for the patient has prompted fear and hope
  - Fear- Without work from the right kind of people all the loss of privacy, misinformation, and hate fueling can continue to grow
    - Hope- Because the right kinds of people do exist and course corrections can happen in time
- Reminded the patient that for all the negative actions they have helped create a similar number of positive actions have occurred thanks to them

### Official Plan:

- Continue meetings and introspection, progress so far has been exceptional
- Move forward towards relationship management and creating new and healthier ones, to counteract the codependency issues